



INDIA'S LEADING  
FITNESS EQUIPMENT BRAND

**CHOOSE INDIA'S  
MOST RELIABLE FITNESS PARTNER**

- » 8+ YEARS OF EXPERIENCE
- » NATIONWIDE PRESENCE
- » 24X7 SUPPORT FOR YOUR SUCCESS

2nd Floor Kuber Tower, Ajronda Sec-20B Faridabad, 121001  
Mob : +91-9650104416, +91 +91 97177 80763 Email : [info@kfsfitness.com](mailto:info@kfsfitness.com)  
[www.kfsfitness.com](http://www.kfsfitness.com)

 [facebook.com/kfsfitness](https://facebook.com/kfsfitness)  [instagram-kfs\\_fitness](https://instagram-kfs_fitness)  [YouTube.com/kfsfitness](https://YouTube.com/kfsfitness)

PRODUCT CATALOGUE



# KFS FITNESS

**KFS FITNESS offers heavy-duty  
Gym Equipment for commercial use.  
Our machines are beautifully designed  
while offering excellent quality  
Each design goes thru an endurance test  
for safety and to ensure long service  
life before being introduced to  
the market and each equipment are  
tested before packing.**

## KFS FITNESS

|              |    |
|--------------|----|
| INTRODUCTION | 04 |
|--------------|----|

## CARDIO

|               |    |
|---------------|----|
| TREADMILLS    | 09 |
| CROSS TRAINER | 15 |
| SPIN BIKES    | 16 |
| AIR BIKE      | 16 |
| UPRIGHT BIKES | 18 |
| R BIKE        | 18 |
| JACOBS        | 19 |
| LADDERMILL    | 19 |

## STRENGTH SERIES

|                 |    |
|-----------------|----|
| MG SERIES       | 20 |
| M5 SERIES       | 28 |
| M5S DUAL SERIES | 32 |
| GL SERIES       | 34 |
| T8 SERIES       | 46 |
| M8f SERIES      | 54 |
| V SERIES        | 62 |

## FREE WEIGHTS

|              |    |
|--------------|----|
| PLATE LOADED | 74 |
| BENCHES      | 76 |

## CROSSFIT CAGES

|          |    |
|----------|----|
| CROSSFIT | 88 |
|----------|----|

|             |    |
|-------------|----|
| ACCESSORIES | 90 |
|-------------|----|

|              |    |
|--------------|----|
| INSTALLATION | 92 |
|--------------|----|

|                |    |
|----------------|----|
| COMPANY EVENTS | 96 |
|----------------|----|



# ABOUT KFS

**Our Vision:** -Make world a fitter place with wide speed fitness services

**Our Mission:-**

Fitness made affordable with " OUR "high research & technically super effective fitness equipment.

**Values:**

1. RESPONSIBILITY

2. INTERGRITY

3. AFFORDABILITY

4. AGILITY

We look forward to help you achieve your health and fitness goals. Whether you are an elite athlete striving for the ultimate in performance or just getting started with an exercise program, KFS FITNESS has the fitness solutions you are looking for.

**Experience** - We have been in the fitness industry for over 10 years, and have served the needs of individuals, schools, and other organizations looking to shape up, lose weight, maximize strength and performance, and lead healthier lives

**Selection** - We offer a broad range of top quality commercial fitness equipment from manufacturers across the nation. Our selection of cardio and strength equipment includes popular items, such as treadmills, ellipticals, and free weights, as well as equipment to support the latest exercise trends, such as CrossFit cross training and indoor cycling.

**Expertise** - KFS fitness specializes in custom home and commercial gym design. Our knowledgeable equipment experts can help you design a custom gym, fitness center, or health club. Not sure what equipment you need? We can make equipment recommendations & suggestions for facility layouts. Our goal is to work within your budget to deliver top quality solutions for the best possible workouts.

We are in this for the long run. When you're making such a big investment, you need and deserve first-class assistance from an expert in the product you're buying.

We care about what happens after you've made your purchase.

See, that's what's unique about us. We don't just sell you a piece of equipment. Our customer service starts before your purchase and extends all the way until after your product has been successfully delivered and installed. Our highly trained experts will do everything they can to make sure you get the absolute best products at the best price for your fitness or business goals, unique space requirements, financial needs, and time schedule.



**Swabhiman  
Excellence Awards**  
Best Fitness Equipment  
Brand Of The Year 2022-2023



**Winner Of Inspire**  
India Fitness Equipment Brand  
Of The Year Award



# WHAT WE DO

## Commercial Gym Installation

From complete gym installations, full gym re-fits, or an upgrade to machines, accessories or flooring, we offer a comprehensive commercial gym installation service. We have worked with a huge range of commercial gym operators from small start-ups to large established chains. Over time **KFS FITNESS** has been one of the leading choices for new upcoming gyms.



## Home Gym Installation

With the fast pace of modern-day life, many people are now looking for ways to keep fit from the comfort of their own home. Home gyms are an increasingly popular option for those who are unable to access a public gym or feel more comfortable exercising at home. We provide custom-built home gym installations tailored to individual needs, budget, and space available. We can ensure your installation is equipped with the highest quality machinery on the market.



## Corporate Gym Installation

Corporate gym installations are becoming an increasingly popular option for companies looking to attract new employees while also enriching the working lives of current employees. Research has shown that exercise can improve employee morale, making them more highly motivated and more productive. Employees that are fit and healthy will also be less likely to take sick leave which in turn contributes to a company's bottom line. It also fosters a feel-good factor and facilitates a degree of social interaction between employees. We facilitate custom-built corporate gyms tailored to the needs and budget of your company. Our team of experts will work with you to from start to finish to create a gym facility that has your employee's best interests at heart.



## Hotel Gym Installation

Hotel gym equipment is often a key factor for guests. Our knowledge and vast experience in the hospitality sector gives your business the capacity to provide a highly satisfactory fitness solution to your guests and any other gymusers. Just as you manage every detail of your guest's experience – from check-in to check-out – we can help you design and create an inviting, functional, and sophisticated fitness center. We can now also arrange finance for hotels, allowing you to upgrade your gym equipment without making a huge dent in your cash flow.



## Experience

Your installation starts with a detailed consultation process where we will discuss your fitness requirements and how we can best serve them with our range of equipment available. Our team of expert consultants will help you decide on layouts given the space available, always taking into consideration health and safety precautions.



## Gym Design

As gym designers, we combine knowledge and understanding of gym architecture and engineering to help bring concepts to life. At the design stage, we take a variety of factors into consideration such as safety, aesthetics, lighting, and ventilation. Our eye for detail will ensure you have a gym that is both stylish and fit for purpose.

## Custom Software

Our bespoke gym management software suite assures that your installation will operate with the highest possible level of expectation. We designed our software from the ground up to give installation managers the ability to monitor and accept memberships from anywhere, anytime, with ease. Packaged in with this suite is our custom built 2-4 lane turnstile system that integrates seamlessly with our management software giving you a full feature-complete installation out of the box.



## Consultation Process

Taking the time in the beginning to carefully listen to your needs will allow us to build a gym that goes above and beyond your expectations. From the initial consultation using our design brief questionnaire, we will listen carefully to your gym design ideas, making sure we clearly understand what you would like to achieve. We will then assemble several design options that will work within your budget and devise preliminary layouts giving you the chance to visualize the gym equipment and how the final design might look.

## Equipment Selection

Creating a bespoke gym away from busy, crowded and alienating gyms are becoming increasingly popular as they are a convenient way to get fit. Our fitness acumen and gym equipment knowledge means we are also able to give well-informed advice on different pieces of fitness equipment from a number of suppliers whether it's a treadmill, elliptical cross trainer or any other type of gym machine.





# »» KFS FITNESS CARDIO



## **M-003 TREADMILL**

Heart rate monitoring: Heart rate sensor is inside the fixed handle. This ensures increased precision and makes it suitable for users of all body types. Heart Rate display range is 50-256 BPM. Heart Rate is displayed in realtime.

Max User Weight: 260 kg

Speed: 1 - 20 km/h

Incline Range: 0% -20%

Running surface: (580mm by 1500mm)

Motor: 4.0 HP (max: 8.0 HP)

LED Display Screen displays: Time, Distance, Calories, Power, Heart rate and Speed.

3 Preset Programs - Calories Count Down, Distance Count Down and Time Count Down.

5 Fixed Programs (P1, P2, P3, P4, P5)

2 User Defined Programs (01, 02)

Width: 930 mm

Length: 2245 mm

Height: 1765 mm

Net Weight: 308 kg





### LE-2000 COMMERCIAL TREADMILL

Operating system : Android 4.2 Operating System  
 Display type : 21.5" TFT screen/21.5" LED screen  
 Motor - 5 HP (7 HP PEAK)  
 Max user weight : 360 KG  
 Speed range : 1.0~20.0 (KM/H)  
 Dimensions : 2390MM\*1020MM\*1680 MM  
 Running surface : 600MM\*1470MM  
 Running belt : 600 MM (Width)  
 Shipping weight of the whole unit (console included) :  
 465 KG (LED); 468 KG (TFT)  
 Unit weight (console included) : 375 KG (LED); 378 KG (TFT)

### MS-80 TREADMILL

- MS-80 running machine looks great in any gym environment.
- This kind of fitness machine features an automatic lubrication system, digital signal transmission system, nonskid running belt. The combination of fashion and technology guarantees you the stability and security when training.
- A special battery management system, it ensures the treadmill can continue to run in the event of a sudden power failure or rapid switch-on, which improved the stability and security of the treadmill.
- Polyurethane-foam handles, soft and comfortable.
- With a roller dimension of 100mm, a shock-proof running deck of 25mm thick, reliable, and stable.
- Square emergency stop button with a long service life. High-performance resistance touch screen, control panel with multiple isolation guards, prevent the electrostatic interference on the touch screen. Built-in LCD touch screen system.
- The function of free speed selection, incline selection, soft-stop, ODO record, handle pulse.
- 8 pre-set programs, infinite user program, free setting for time, distance, and calorie counting.
- Silent AC inverter motor: 3.5 HP (continuous), 7 HP (maximum). No noise when speeding up.
- 320 kg user weight support.



### M-9800A TREADMILL

|                        |   |
|------------------------|---|
| Motor                  | 3.5 HP ( 7 HP Peak )                                  |
| TFT display screen     | 18.5" capacitive touch screen                         |
| LED display screen     | 18.5"; multi-window                                   |
| Console upright        | Steel pipe (50*150)+Steel plate (5.0T)                |
| Sliding rail, Pedal    | Hardened high-strength PVC                            |
| Handrail               | Once-forming PU foam                                  |
| Touch-type key         | PMMA-touch screen panel                               |
| Heart rate sensor chip | Integrally formed heart rate sensor chip never slips. |
| Running belt           | 3.2T (standard configuration)                         |
| Running board          | Highest strength; 25T; static load capacity: 600KG    |
| Inverter               | Made in Japan (optional)/Korea (optional)             |
| Water bottle holder    | Personal belongings can be placed here                |
| User Weight            | 240 Kg  |



### CURVE TREADMILL

Specification : Two-Sided Bearing  
 with 6 Levels of Resistance Aluminum Interior + Natural Rubber Exterior  
 Belt: Kevlar Material Enhanced/Deeper Curve  
 LED Screen: Intervals, Distance, Target HR & Calories  
 Ergonomic Curve Design Self Powered  
 Max User Weight : 280kg  
 Heavy Commercial Construction  
 Dimensions: 79" x 35" x 56" Product Weight: 350lb



### M-9900 TREADMILL

LED Display Screen - Multi-window display  
 Heart rate monitoring: Built-in heart rate sensor chip  
 Max User Weight: 240 kg  
 Speed: 1 - 20 km/h  
 Incline Range: 0% -20%  
 Running surface: (560mm X 1595mm) combined with anti-slip design, mute and shockproof. Offering you greater stability & safety when running.  
 Motor: 3 HP (7 HP Peak)  
 Automatic oiling system  
 LED Display Screen displays the speed, incline, heart rate, heart rate average, heart rate peak, pace, average pace, elapsed time, time remaining, time in zone, instant of time, distance, taken distance, distance remaining, calorie, hourly calorie, rest calorie, power, metabolic rate training program; quick start, custom relaxed mode, manual goals, mountaineering, climbing, fat burning, intermittent timing, cardiopulmonary function training, etc..

Width: 950mm, Length: 2365mm, Height: 1525mm, Net Weight: 215kg

### PN-5000 TREADMILL

LED Display Screen, 18.5 Inches  
 Max User Weight: 240 kg  
 Speed: 1 - 20 km/h  
 Incline Range: 0% -20%  
 Running surface: (580mm by 1560mm)  
 Motor: 3 HP (7 HP Peak)  
 LED Display Screen displays: Time, Distance, Calories, Power, Heart rate and Speed.

#### Specs & Dimensions

Width : 890 mm, Length: 2210 mm, Height: 1665 mm







### MS-95 TREADMILL

|                           |                  |
|---------------------------|------------------|
| Length                    | 2250 MM          |
| Width                     | 930 MM           |
| Height                    | 1650MM           |
| Effective running surface | 1650*530 MM      |
| Width of running belt     | 560MM            |
| Net weight of equipment   | 234 KG           |
| Gross weight of equipment | 292 KG           |
| Gross weight of console   | 40.5 KG          |
| Gross weight              | 251 KG           |
| Motor                     | 3 HP (7 HP Peak) |
| User weight               | 220 Kg           |

#### Operating system

1. Android 4.2 operating system, 1.4GHz quad-core processing chip from America, 1G RAM, 4G NANDFLASH
2. High performance resistive touchscreen
3. Build-in WIFI module allows to connect to wireless network for high-speed internet access, supporting cable TV and digital TV.

### PN-8000 BLUE TREADMILL

Beautiful appearance, stable performance, and advanced automatic adjustment system enhance the durability of the machine and the convenience of using digital signal transmission, and more accurately prevent abrupt shutdown and sudden acceleration.

#### Feature of Display System

Beautiful appearance, stable performance, and advanced automatic adjustment system enhance the durability of the machine & the convenience of using digital signal transmission, & more accurately prevent abrupt shutdown and sudden acceleration.

|               |                      |
|---------------|----------------------|
| Name          | Commercial Treadmill |
| Size          | 2310*960*1700        |
| Console       | TFT/LED              |
| Motor         | 3 HP (7 HP Peak)     |
| Speed Range   | 1.0-20.0             |
| Incline Range | 0-15%                |
| User Weight   | 240 kg               |



### KT-9000 TREADMILL

|                             |                           |
|-----------------------------|---------------------------|
| Product Name                | Electric Gym Treadmill    |
| Length                      | 2175mm                    |
| Width                       | 980mm                     |
| Height                      | 1715mm                    |
| Running surface             | 1480*580MM                |
| Running belt                | 590MM                     |
| Thickness of Running Belt   | 2.4MM                     |
| Gross Weight                | 378KG                     |
| Net Weight                  | 284KG                     |
| Speed Range                 | 1-20km/h                  |
| Incline Range               | 0-20%                     |
| Rated Voltage               | 220V + 10% (50Hz or 60Hz) |
| Operation Temperature Range | 0 - 40°C                  |
| Motor                       | 4 HP (8 HP Peak)          |
| User Weight                 | 180 Kg                    |



### PN-6000 TREADMILL

|                             |  |
|-----------------------------|--|
| Machine Dimension           | 2310L×960W×1700H (mm)                            |
| Effective Running Surface   | 1540L×580W (mm)                                  |
| Weight Allowed              | 180KG  |
| Speed Range                 | 1-15km/h   |
| Incline Range               | 0-15%  |
| Power Supply                | External power supply<br>AC 220V±10% (50Hz/60Hz) |
| Power Cord                  | 16A AC 250V                                      |
| Overload Protector          | 13A  |
| Operation Temperature Range | 0-40   |
| Certification               | EN957-6  |
| Motor power                 | 3 HP (7 HP peak)                                 |
| User Weight                 | 180 Kg   |



### PN-7000 TREADMILL

|                |                   |
|----------------|-------------------|
| Motor power    | - 3HP (7 HP Peak) |
| User weight    | - 230 Kg          |
| Machine weight | - 80 Kg           |
| Dimensions     | -1270*705*1290    |

The mainframe is simplified, fashionable, firm, durable, and made of flat oval tubes and rectangular tubes.

#### Belt drive

The magnetic control flywheel of the new technique never gets rusty. Ensures that the brake system can be reduced to a minimum

### U-02 TREADMILL

|                          |                                 |
|--------------------------|---------------------------------|
| Motor                    | - Ac: 3hp                       |
| Max Power                | -7 Hp Peak                      |
| Running Board            | - High-strength, 25t,           |
| Max Static Load Capacity | : 600kg                         |
| Running Belt             | - 2.4t Running Belt             |
| Incline Range            | - 20%                           |
| User Weight Support      | - 150 Kg                        |
| Frame                    | - 40*120*t2.5 Rectangular Tubes |
| Inverter                 | - Taiwan Brand Inverter         |
| Heart Rate Sensor Chip   |                                 |





### AIR ROWER

**Fanned Flywheel:** Our air rower uses air resistance generated by the fanned flywheel. To adjust how much air enters the flywheel housing on each stroke simply adjust the settings on the wheel from a setting of 1 to 10. This functions much like the gears on a bike, affecting how much energy will be needed to accelerate from one stroke to the next. Setting 10 allows in the most air for more wind resistance. For most people, the recommended setting is from 3-5. Product Extended Dimensions: 91" L X 24.5" W | Product weight 65 lbs | Seat Dimensions 12" L X 10" W X 2" THICK | Handlebar Length 20". **Non-Slip Foot Pedals:** Textured non-slip foot pedals will ensure safe rowing during the most strenuous workouts. The adjustable foot straps keep your feet locked in safely while you can focus on exercising. **Transportation Wheels:** Easy set-up, simple storage, major results. You can quickly break down the rower into two segments for storage or use the included caster wheels for easy transport. **Interval Training Equipment:** The KFS fitness air rower is a fantastic cardio and strength training home gym machine. While working for your major muscle groups you're also getting an amazing cardio workout. Fan resistance flywheels are well documented by CrossFit athletes.



### AB COSTER

Supports a more comfortable bottom-up motion with a freestyle swivel seat. Made with durable materials and suitable for gym use and home use. 400 lbs, weight capacity. An excellent exercise with adjustable levels of intensity according to the weight you put in. Easy on your back and neck. Rollers for easy transport. Rubber grip handles.



### WATER ROWING MACHINE

**Product Details :** A handcrafted rowing machine with a "water flywheel" that replicates the actual rowing feel. Flywheel sits in the enclosed water tank to provide smooth, quiet, self-regulated resistance. Series 4 performance monitor tracks workout intensity, stroke rate, duration, distance, and more. Solid ash and stained honey oak construction absorb sound and vibration. 1000 lb weight capacity. Stores upright. Assembled dimensions 84" L x 22" W x 21" H. Weight 73 lbs (dry) / 117 lbs (with water).

### COMMERCIAL CROSS TRAINER LDE-13

LCD with Back light Computer  
Program Display: Fat Burning/Climbing Program/  
Intermission Program/Strength Program  
Individual Exercise : Individual Exercise Date Available,  
Goal Put In, Heart Rate Control Exercise  
Program, Electronical Pic&Word Display  
Self- generating power system  
High -Power Magnet and Flywheel to get sufficient tension  
torque and consistent resistance  
16-Step Tension Control System  
Hand-Pulse System for Heart Rate Display  
Data Length: 2200mm / Width: 1650mm /  
Height: 700mm  
Machine Weight: 185kg



### COMMERCIAL CROSS TRAINER EL-8809

|                                |  |
|--------------------------------|--|
| NET WEIGHT                     | 175 KGS  |
| DIMENSIONS                     | 1765*1660*1625MM                                       |
| DISPLAY SHOWS                  | TIMES, SPEED, DISTANCE<br>CALORIES, CONTACT HEART RATE |
| RESISTANCE LEVEL               | 1-16 LEVEL   |
| LED DISPLAY FOR<br>BETTER VIEW |  |
| MAX USER WEIGHT                | 200KGS   |







### 5818 SPINBIKE

Equipment : Colour Black (standard configuration)  
 Max user weight : 150KG  
 Up and down adjusting the stroke of the handlebar : 160MM  
 Maximum adjusting height of the handlebar : 1250MM (height from the ground)  
 Up and down adjusting the stroke of the saddle : 290MM  
 Front and rear adjusting stroke of the saddle : 110MM  
 Maximum adjusting height of the saddle : 1150MM (height from the ground)  
 Dimension : 1270mm\*705mm\*1290mm  
 Net weight : 76KG  
 Gross weight : 85KG  
 Package : Carton Packaging  
 Carton Size : 1350mm\*480mm\*1030mm



### LD-921 SPINBIKE

Product Name : Spinning Bike  
 Load Capacity : 180kg  
 Dimension : 1475\*540\*1250 (mm)  
 Certification : ROHS,CE,ISO 9001  
 Machine Weight : 80kg  
 Flywheel Weight : 24kgs  
 Colour Options : As Customers Requirement  
 Stuffing : PU Foam with Synthetic Leather  
 Quality : Top  
 Application : Commercial Use



### XB-20 FELT FRICTION SPINNING-BIKE

**Resistance Adjustment :** Felt Friction, Assured Traditional Craftsmanship

**Belt Drive :** Ultr – Quiet Patented Belt Anti Slip Technology

**Safety Handle :** Non Slip Internal Dippingmake it Safe & Reliable

**Seat Design :** While the Seat Adjustment Device is Conenient for users to Adjust Easily

**Patented Flywheel :** 16Kg Metallic Luster Chrome-Plated Flywheel

**Move Easily :** Equipped with Moving Wheels, One Person can move Easily & Quickly



### AIR-BIKE

12 fan blades for wind resistance.

Nine vertical (height) seat adjustment settings, also horizontal adjustment.

Comprehensive monitor read out, Target time, distance, calories, heart rate, 10/20 intervals, 20/10 intervals  
 Assembled dimensions, L 1160mm x W 530mm x H 1330mm





### **M-7808R** MAGNETIC-RECUMBENT-EXERCISE-BIKE

The M-7808R-LCD magnetic exercise bike uses an advanced electromagnetic resistance adjustment system, you can adjust the level of resistance.

Length : 1765MM  
Width : 730MM  
Height : 1470MM  
Net Weight : 86KG  
Gross Weight : 127KG  
Front and rear adjusting stroke of the saddle : 270MM



### **M-7808U** MAGNETIC-UPRIGHT-EXERCISE-BIKE

Frame: 60\*120 oval tube construction and steel tube(d=89)ABS foot plate  
ECB magnetic control resistance system, imported automatic motor, reliable performance. Dotch drive  
Track : extrusion of high strength aluminum alloy touch button

Length : 1215MM  
Width : 730MM  
Height : 1575MM  
Net Weight : 63KG  
Gross Weight : 84KG  
Seat Adjustment Range : 120MM

### **JACOBS**

Motorised ladder motion.  
Fitted with waist belt which determines on/off function.  
Top and two side rails.  
Dimensions, Deep 170cm x Width 95cm x Height 179cm.  
Ideal for all fitness levels.



### **STAIRMILL**

Low impact, non jarring cardio-respiratory workout  
Increased oxygen intake and muscle strength  
Improved bone density  
Maximum Speed: 120 steps per minute  
User-controlled variable pace to suit all levels of fitness  
Electromagnetic braking system (no motor)  
Highly reliable step lock system with sensor/reflector  
Computer control system  
Contact heart rate monitor  
Tracks time, distance in floors, and speed in steps per min  
Stair Height : 24 cm, Step Height : 18 cm, Power : 220 Volts  
Step Area : 51 \* 22 \* 18 cm, Drive System : 2.0 AC Motor  
Meter Reading : Level, Calories, Time, Distance, Speed  
Max User Weight: 180 Kgs

### **TYRE FLIP**

Weight : 145 Kg  
Intended Use : Commercial  
Material : Stainless steel  
Size/Dimension : 1640 x 1240 x 600 mm (W x H x L)





## LUXURY MG SERIES



### Specification

Frame pipe : flat oval pipe 50\*120\*2.5)

Press arm pipe : round pipe (60\*3.0 ; 50\*3.0 )

Flat oval pipe (40\*80\*3.0 )

Connecting and supporting assembly : flat oval pipe ( 50\*120\*2.5T)

Shroud pipe : Rectangular pipe (60\*120\*2.5T)

The pipe lines are smooth while the appearance is high end and elegant

four aluminum alloy saddle support frame assemblies and one air spring (200N) make it easier & more convenient to adjust the saddle .

Its made of cost iron and wrapped with PU which does not only prevent rustiness but also bring elegance and high end.

Over -sized LCD screens allows you to learn about your workout timely and more intuitively

The pulley (d=105) is made of all aluminum with casting technology; CNC technology is applied to locate bearing precisely . The pulley surface is processed with black paint and electrostatic coating technology.

Alloy steel (20#) ; flat and smooth surface , without pits ; thin but heavy

### MG-001

#### SEATED CHEST PRESS

Size : (L\*W\*H) 100\*460\*115mm

Weight Stack : 60 to 100Kg



### MG-002A

#### STRAIGHT ARM CLIP CHEST

Size : (L\*W\*H) 100\*460\*115mm

Weight Stack : 60 to 100Kg



### MG-003

#### SHOULDER PRESS

Size : (L\*W\*H) 100\*460\*115mm

Weight Stack : 60 to 100Kg







**MG-003A**

**DELTS MACHINE**

Size : (L\*W\*H) 100\*460\*115mm

Weight Stack : 60 to 100Kg

**MG-007**

**TRICEPS PRESS**

Size : (L\*W\*H) 100\*460\*115mm

Weight Stack : 60 to 100Kg



**MG-004**

**SEATED ROW**

Size : (L\*W\*H) 100\*460\*115mm

Weight Stack : 60 to 100Kg



**MG-008**

**UPPER LIMBS**

Size : (L\*W\*H) 1280\*1180\*1690mm

Weight Stack : 60 to 100Kg



**MG-006**

**BICEPS CURL**

Size : (L\*W\*H) 100\*460\*115mm

Weight Stack : 60 to 100Kg

**MG-009**

**LOWER BACK**

Size : (L\*W\*H) 1280\*1180\*1690mm

Weight Stack : 60 to 100Kg







### **MG-010**

#### **ABDOMINAL MACHINE**

Size : (L\*W\*H) 100\*460\*115mm

Weight Stack : 60 to 100Kg

### **MG-012**

#### **HIGH PULLY**

Size : (L\*W\*H) 1560\*1590\*2110mm

Weight Stack : 60 to 100Kg



### **MG-011**

#### **ROTARY TORSO MACHINE**

Size : (L\*W\*H) 11340\*1260\*1690mm

Weight Stack : 60 to 100Kg



### **MG-013A**

#### **LEG HORIZONTAL CURL**

Size : (L\*W\*H) 1280\*1180\*1690mm

Weight Stack : 60 to 100Kg



### **MG-012A**

#### **SEATED HORIZONTAL PULLY**

Size : (L\*W\*H) 100\*460\*115mm

Weight Stack : 60 to 100Kg

### **MG-013**

#### **LEG CURL**

Size : (L\*W\*H) 1280\*1180\*1690mm

Weight Stack : 60 to 100Kg







**MG-014**

**LEG EXTENSION**

Size : (L\*W\*H) 100\*460\*115mm  
Weight Stack : 60 to 100Kg

**MG-016**

**MULTI HIP**

Size : (L\*W\*H) 1560\*1590\*2110mm  
Weight Stack : 80 to 100Kg



**MG-015**

**LEG PRESS**

Size : (L\*W\*H) 11340\*1260\*1690mm  
Weight Stack : 60 to 100Kg



**MG-017**

**CALF MACHINE**

Size : (L\*W\*H) 1280\*1180\*1690mm  
Weight Stack : 60 to 100Kg



**MG-016A**

**STANDING LEG EXTENSION**

Size : (L\*W\*H) 100\*460\*115mm  
Weight Stack : 60 to 100Kg

**MG-018**

**INNER THIGH ADDUCTOR**

Size : (L\*W\*H) 1280\*1180\*1690mm  
Weight Stack : 60 to 100Kg





# M5 SERIES



## Specification

- **Framework :** The main frame uses 50\*120\*2.0T/50\*100\*2.0T flat oval tubes, while the movable arm uses 60/50\*3.0T circular tubes and 40\*80\*3.0T flat oval tubes, The connection braces use 50\*100\*2.0T flat oval tubes, The weight box uses 50\*120\*2.0T flat oval tubes. The exterior features an individualistic design.
- **Cushion :** A one-time molding foamed PU, anti-deformation, hardness: 65°(±5°) A synthetic leather surface which can withstand friction by 500g tested 8000 times. No peeling or fading will occur over time. Standard color is graphite black, carmine...(optional)
- **Seat adjustment system:** The system has 5 different levels of adjustments at 100mm each.
- **Cam :** The cam is made of high quality 8.0T hot rolled plate by laser cutting, while the guide rope groove is welded together for added durability.
- **Backplate :** The plate features high-quality steel, surface derusting, secondary spraying.
- **Chain wheel :** A 105mm high-strength engineering plastic with precision machined bearing.
- **Handles :** PVC handle
- **Weight stack :** Made of thin steel plates and are designed with a smooth surface with no pitting.
- **Steel cable :** The maximum effective load bearing weight is 1,000kg, which can be stretched for more than 100,000 times.

### M5-001

#### CHEST PRESS

Size : (L\*W\*H) 1435\*1445\*1535mm

Weight Stack : 60 to 100Kg



### M5-002A

#### PEC FLY/REAR DELT

Size : (L\*W\*H) 1505\*1215\*2000 mm

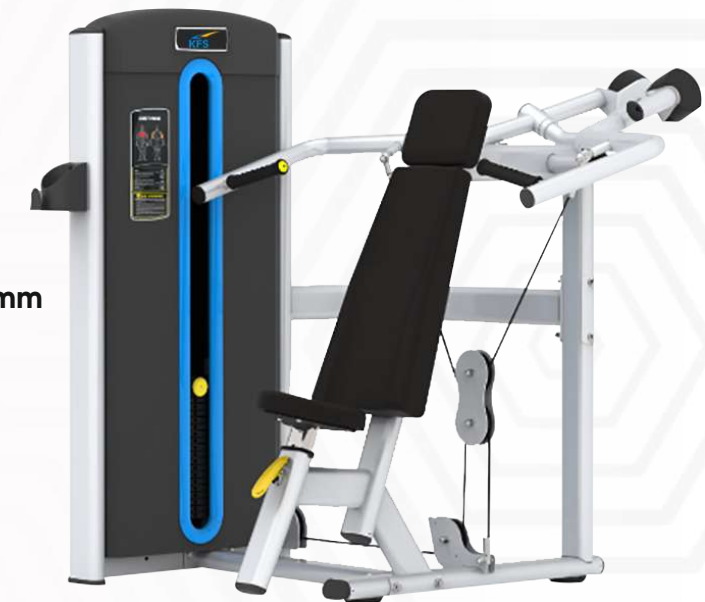
Weight Stack : 60 to 100Kg

### M5-003

#### SHOULDER PRESS

Size : (L\*W\*H) 1575\*1565\*1535mm

Weight Stack : 60 to 100Kg







**M5-004**

**SEATED ROW**

Size : (L\*W\*H) 1035\*1555\*1535mm

Weight Stack : 60 to 100Kg

**M5-012A**

**LAT PULL DOWN**

Size : (L\*W\*H) 1190\*1790\*1535mm

Weight Stack : 60 to 100Kg



**M5-006**

**BICEPS CURL**

Size : (L\*W\*H) 100\*460\*115mm

Weight Stack : 60 to 100Kg



**M5-013A**

**HORIZONTAL LEG CURL**

Size : (L\*W\*H) 1165\*1700\*1535mm

Weight Stack : 60 to 100Kg



**M5-008**

**Assisted Chin/Dip**

Size : (L\*W\*H) 1455\*1275\*2335mm

Weight Stack : 60 to 100Kg

**M5-014**

**LEG EXTENSION**

Size : (L\*W\*H) 1190\*1790\*1535mm

Weight Stack : 60 to 100Kg



**M5-012**

**LAT PULL DOWN**

Size : (L\*W\*H) 1465\*1795\*2005mm

Weight Stack : 60 to 100Kg



**M5-019**

**INNER/OUTER THIGH ABDUCTOR**

Size : (L\*W\*H) 1155\*1650\*1535mm

Weight Stack : 60 to 100Kg



# M5S DUAL SERIES



***M5S-DUAL-0910***  
BACK/ABS  
Size : (L\*W\*H) 100\*460\*115mm  
Weight Stack : 60 to 100Kg

***M5S-DUAL-03***  
CHEST/SHOULDER PRESS  
Size : (L\*W\*H) 1435\*1445\*1535mm  
Weight Stack : 60 to 100Kg



***M5S-DUAL-1314***  
EXTENSION/LEG CURL  
Size : (L\*W\*H) 1190\*1790\*1535mm  
Weight Stack : 60 to 100Kg



***M5S-DUAL-012***  
LATPULL DOWN/ROWING  
Size : (L\*W\*H) 1465\*1795\*2005mm  
Weight Stack : 60 to 100Kg



***M5S-DUAL-1819***  
INNER/OUTER THIGH  
Size : (L\*W\*H) 1155\*1650\*1535mm  
Weight Stack : 60 to 100Kg

***M5S-DUAL-0607***  
BICEPS/TRICEPS PRESS  
Size : (L\*W\*H) 100\*460\*115mm  
Weight Stack : 60 to 100Kg





# GL SERIES



## Specification

1. The product owns many kinds of patents
2. Breaking the traditional concept for designing the appearance with new characteristics of novelty, beauty, and practicability
3. All the components are made of precision stainless steel that never gets rusted
4. High-strength steel cable with good flexibility and strength of extension which provides a longer lifetime.
5. Movement trajectory keeps to the principle of human engineering with professional movement instruction, more intuitive and simple
6. Using a strong magnetic latch in a weight stack with high safety and reliability
7. Using new frame in the cushion, ensure adequate durability
8. Weight stack and cabling equipped with the safe device.

### GL-7005

#### LEG CURL-LEG EXTENSION

Size : (L\*W\*H) 1165\*1700\*1535mm

Weight Stack : 60 to 100Kg



### GL-7007

#### SEATED DIP

Size : (L\*W\*H) 465\*795\*2005mm

Weight Stack : 60 to 100Kg



### GL-7012

#### PULLDOWN

Size : (L\*W\*H) 1520\*1205\*1900mm

Weight Stack : 60 to 100Kg







**GL-7013**

**PECTORIAL MACHINE**

Size : (L\*W\*H) 1080\*1420\*1750mm

Weight Stack : 60 to 100Kg

**GL-7018**

**ABDUCTOR**

Size : (L\*W\*H) 1435\*1445\*1535mm

Weight Stack : 60 to 100Kg



**GL-7014**

**PULLEY MACHINE**

Size : (L\*W\*H) 1790\*1260\*1750mm

Weight Stack : 60 to 100Kg



**GL-7028**

**TRICEPS EXTENSION**

Size : (L\*W\*H) 465\*1795\*2005mm

Weight Stack : 60 to 100Kg



**GL-7017**

**ABDUCTOR**

Size : (L\*W\*H) 1090\*1470\*1750mm

Weight Stack : 60 to 100Kg

**GL-7030**

**CAMBER CURL**

Size : (L\*W\*H) 1520\*1205\*1900mm

Weight Stack : 60 to 100Kg







**GL-7050**  
ROTARY TORSO  
Size : (L\*W\*H) 1080\*1420\*1750mm  
Weight Stack : 60 to 100Kg

**GL-7057A**  
ABDOMINAL ISOLATER  
Size : (L\*W\*H) 1300\*1322\*1750mm  
Weight Stack : 60 to 100Kg



**GL-7051**  
LEG PRESS  
Size : (L\*W\*H) 1860\*1050\*1750mm  
Weight Stack : 60 to 100Kg



**GL-7058**  
LOW BACK  
Size : (L\*W\*H) 1380\*1280\*1750mm  
Weight Stack : 60 to 100Kg



**GL-7057**  
ABDOMINAL CRUNCH  
Size : (L\*W\*H) 1300\*1322\*1750mm  
Weight Stack : 280Kg

**GL-7060**  
SEATED CALF  
Size : (L\*W\*H) 1495\*1178\*1750mm  
Weight Stack : 60 to 100Kg







**GL-7067**

**MULTI HIP**

Size : (L\*W\*H) 1220\*1100\*1500mm  
Weight Stack : 60 to 100Kg



**GL-7071**

**PULLDOWN**

Size : (L\*W\*H) 1097\*1403\*1863mm  
Weight Stack : 60 to 100Kg

**GL-7069**

**SHOULDER PRESS**

Size : (L\*W\*H) 1860\*1050\*1750mm  
Weight Stack : 60 to 100Kg



**GL-7070**

**CHEST PRESS**

Size : (L\*W\*H) 1300\*1322\*1750mm  
Weight Stack : 280Kg



**GL-7079**

**GLUTE ISOLATER**

Size : (L\*W\*H) 465\*1795\*2005mm  
Weight Stack : 60 to 100Kg



**GL-7080**

**LOW ROW**

Size : (L\*W\*H) 1380\*1050\*1750mm  
Weight Stack : 60 to 100Kg







**GL-7083**

**TOTAL ABDOMINAL**

Size : (L\*W\*H) 1298\*1300\*1750mm

Weight Stack :60 to 100Kg

**GL-7092A**

**BICEPS MACHINE**

Size : (L\*W\*H) 1064\*1488\*1750mm

Weight Stack : 60 to 100Kg



**GL-7090**

**LEG CURL**

Size : (L\*W\*H) 1380\*1230\*1750mm

Weight Stack : 60 to 100Kg



**GL-7092**

**ARM EXTENSION/ARM CURL**

Size : (L\*W\*H) 1140\*1100\*1750mm

Weight Stack : 60 to 100Kg



**GL-7091**

**LEG EXTENSION**

Size : (L\*W\*H) 1380\*1230\*1750mm

Weight Stack : 280Kg

**GL-7094**

**ASSITED DIP-CHIN**

Size : (L\*W\*H) 1380\*1050\*1750mm

Weight Stack : 60 to 100Kg







**GL-7095**

**SEATED ARM CLIP CHEST**

Size : (L\*W\*H) 1820\*1190\*2100mm

Weight Stack : 60 to 100Kg

**GL-7096**

**PRONE LEG CURL**

Size : (L\*W\*H) 1380\*1230\*1750mm

Weight Stack : 60 to 100Kg



**GL-7097**

**STANDING CALF MACHINE**

Size : (L\*W\*H) 1380\*1230\*1750mm

Weight Stack : 60 to 100Kg





# T8 SERIES



## Specification

- FRAME 1 Main frame : Flate tube(50\*120\*2.5T)  
 2 Press arm : Round tube (60/50\*3.0T) Flat oval tube (40\*80\*3.0T)  
 3 Connecting assembly : Flat oval tube (50\*120\*2.5T)  
 4 Tower: Bread shaped tube (50\*120\*2.5T)

Decoration strip : Shiny Black  
 Pulley : Engineering plastic made in one form of injection.  
 Handlebar : Material: PVC  
 Bearing : The best bearing made in china.  
 Weight stack : Steel with a flat and smooth surface, without pits; thin but heavy.  
 Guide rod : Material: stainless steel hollow tube.

### T-801

#### CHEST PRESS

Size : (L\*W\*H) 1065\*110\*55mm  
 Weight Stack : 60 to 100Kg



### T-802

#### PEC-FLY

Size : (L\*W\*H) 165\*110\*65mm  
 Weight Stack : 60 to 100Kg

### T-802A

#### Pec-Fly Rear-Delt

Size : (L\*W\*H) 165\*110\*65mm  
 Weight Stack : 60 to 100Kg







**T-803**

**SHOULDER PRESS**

Size : (L\*W\*H) 1065\*110\*55mm

Weight Stack : 60 to 100Kg

**T-807**

**TRICEP PRESS**

Size : (L\*W\*H) 1065\*110\*55mm

Weight Stack : 60 to 100Kg



**T-804**

**SEATED ROW**

Size : (L\*W\*H) 1065\*110\*55mm

Weight Stack : 60 to 100Kg



**T-808**

**ASSISTED CHIN-DIP**

Size : (L\*W\*H) 165\*110\*65mm

Weight Stack : 60 to 100Kg



**T-806**

**BICEP CURL**

Size : (L\*W\*H) 1065\*110\*55mm

Weight Stack : 60 to 100Kg

**T-810**

**ABDOMINAL CRUNCH**

Size : (L\*W\*H) 165\*110\*65mm

Weight Stack : 60 to 100Kg







**T-811**

**ROTARY TORSO**

Size : (L\*W\*H) 1065\*110\*55mm  
Weight Stack : 60 to 100Kg

**T-813**

**LEG EXTENSION CURL**

Size : (L\*W\*H) 1065\*110\*55mm  
Weight Stack : 60 to 100Kg



**T-812**

**LAT PULLDOWN**

Size : (L\*W\*H) 1065\*110\*55mm  
Weight Stack : 60 to 100Kg



**T-813A**

**HORIZONTAL LEG CURL**

Size : (L\*W\*H) 165\*110\*65mm  
Weight Stack : 60 to 100Kg



**T-812A**

**SEATED HORIZONTAL ROW**

Size : (L\*W\*H) 1065\*110\*55mm  
Weight Stack : 60 to 100Kg

**T-814**

**LEG EXTENSION**

Size : (L\*W\*H) 165\*110\*65mm  
Weight Stack : 60 to 100Kg







**T-815**

**LEG PRESS**

Size : (L\*W\*H) 1065\*110\*55mm  
Weight Stack : 60 to 100Kg

**T-817**

**CALF EXTENSION**

Size : (L\*W\*H) 1065\*110\*55mm  
Weight Stack : 60 to 100Kg



**T-816**

**MULTI HIP**

Size : (L\*W\*H) 1065\*110\*55mm  
Weight Stack : 60 to 100Kg



**T-818**

**ADDUCTOR**

Size : (L\*W\*H) 165\*110\*65mm  
Weight Stack : 60 to 100Kg



**T-816A**

**STANDING LEG EXTENSION**

Size : (L\*W\*H) 1065\*110\*55mm  
Weight Stack : 60 to 100Kg

**T-819**

**ABDUCTOR**

Size : (L\*W\*H) 165\*110\*65mm  
Weight Stack : 60 to 100Kg





# M8F SERIES



## Specification

- Streamlined design with 60\*120\*2.5mm high-strength stainless steel flat oval tube
- To keep the system stable, the frame of the fitness equipment is directly welded on the steel base.

### Steel cable and pulley-

- We use 7\*19 military steel cable covered by Nylon, with a lubrication device equipped
- We have employed the glass fiber pulleys, whose diameters are available in both 12cm and 15cm

### Handles -

- Handles made from rubber compounds are employed to guard against the damages caused by sweat and abrasion.
- Aluminum caps are available on the end of the handles to prevent the rubber from slipping off

### Seat and backrest-

- EVA foam injection molding technique is employed to avoid the cushion of the gym workout equipment from getting deformed
- The durability of the cushion is largely extended since all of the edges have been folded and sewed

### Prudent and fashionable design-

- KFS Fitness has absorbed the design concept from Germany for the development of this commercial exercise equipment, making it both prudent and fashionable. The unique buffer structure with torsion spring and the multi-gear leg press foam has made it suitable for different groups of people.

## M8F-001

### CHEST PRESS

Size : (L\*W\*H) 1545\*1150\*1650mm

Weight Stack : 80 to 100Kg



## M8F-02

### BUTTERFLY

Size : (L\*W\*H) 1140\*1100\*1750mm

Weight Stack : 80 to 100Kg

## M8F-02A

### PEC FLY-REAR DELT

Size : (L\*W\*H) 1485\*1850\*2005mm

Weight Stack : 80 to 100Kg







**M8F-003**

**SHOULDER PRESS**

Size : (L\*W\*H) 1560\*1580\*1650mm

Weight Stack : 80 to 100Kg

**M8F-007**

**TRICEPS PRESS**

Size : (L\*W\*H) 1580\*1150\*1650mm

Weight Stack : 80 to 100Kg



**M8F-04**

**SEATED ROW**

Size : (L\*W\*H) 1485\*1850\*2005mm

Weight Stack : 80 to 100Kg



**M8F-008**

**ASSISTED DIP CHIN**

Size : (L\*W\*H) 1475\*1260\*2335mm

Weight Stack : 80 to 100Kg



**M8F-006**

**TRICEPS PRESS**

Size : (L\*W\*H) 1170\*1365\*1650mm

Weight Stack : 80 to 100Kg

**M8F-009**

**ABDOMINAL MACHINE**

Size : (L\*W\*H) 1140\*1100\*1750mm

Weight Stack : 80 to 100Kg







**M8F-010**

**BACK EXTENSION MACHINE**

Size : (L\*W\*H) 1170\*1365\*1650mm

Weight Stack : 80 to 100Kg

**M8F-013**

**SEATED LEG CURL**

Size : (L\*W\*H) 150\*1790\*1650mm

Weight Stack : 80 to 100Kg



**M8F-012**

**SEATED ROW**

Size : (L\*W\*H) 1485\*1850\*2002mm

Weight Stack : 80 to 100Kg



**M8F-013A**

**HORIZONTAL LEG CURL**

Size : (L\*W\*H) 1135\*1700\*1650mm

Weight Stack : 80 to 100Kg



**M8F-012A**

**SEATED HORIZONTAL PULL**

Size : (L\*W\*H) 980\*1815\*2005mm

Weight Stack : 80 to 100Kg

**M8F-014**

**LEG EXTENSION**

Size : (L\*W\*H) 1150\*1790\*1650mm

Weight Stack : 80 to 100Kg







**M8F-015**

**SEATED LEG PRESS**

Size : (L\*W\*H) 1150\*1795\*1650mm

Weight Stack : 80 to 100Kg

**M8F-017**

**ROTARY TORSO**

Size : (L\*W\*H) 1820\*1190\*2100mm

Weight Stack : 80 to 100Kg



**M8F-016**

**MULTI HIP**

Size : (L\*W\*H) 980\*1250\*1650mm

Weight Stack : 80 to 100Kg



**M8F-018**

**ABBDUCTOR MACHINE**

Size : (L\*W\*H) 1064\*1488\*1750mm

Weight Stack : 80 to 100Kg



**M8F-016A**

**REAR KICK MACHINE**

Size : (L\*W\*H) 1150\*1795\*1650mm

Weight Stack : 80 to 100Kg

**M8F**

**ROTARY TORSO**

Size : (L\*W\*H) 1820\*1190\*2100mm

Weight Stack : 80 to 100Kg





# V-SERIES



The frame is made of white square tube with black pressing arms, which is beautiful and reliable in terms of design structure.

Preferred movement bearing kit to ensure smooth and durable trajectory;

PU one-form cushion is pretty comfortable and durable, after tens of thousands of times of high strength leather test;

Auxiliary barbell plate hanger: some model is equipped with auxiliary barbell plate hanger, with stainless steel tube and quality assurance, for placing more quantities of barbell plate, which is easy to use.

## V-01 ISO-LATERAL

### CHEST PRESS

Size : : (L)1610×(W)1480×(H)2000mm

Weight Stack : 140Kg



## V-02 ISO-LATERAL

### SUPER INCLINE PRESS

Size : : (L)1550×(W)1250×(H)1700mm

Weight Stack : 126Kg



## V-03 ISO-LATERAL

### STANDING LEG CURL

Size : : (L)1920×(W)1120×(H)1460mm

Weight Stack : 1208g







**V-04**

**LATREAL LEG PRESS**

Size : (L)1035×(W)1555×(H)1535mm

Weight Stack : 215Kg

**V-07 ISO-LATERAL**

**LOW ROW**

Size : (L)1430×(W)1280×(H)1700mm

Weight Stack : 125Kg



**V-05**

**ARM CURL**

Size : (L)1250×(W)1500×  
(H)1370mm

Weight Stack : 100Kg



**V-08 ISO-LATERAL**

**DECLINE CHEST PRESS**

Size : (L)1780×(W)1320×  
(H)1760mm

Weight Stack : 130Kg



**V-06**

**LATREAL RAISE**

Size : (L)1135×(W)1345×  
(H)1535mm

Weight Stack : 180Kg

**V-09**

**BARBELL RACK**

Size : (L)1180×(W)820×(H)1470mm

Weight Stack : 64Kg







**V-010**  
**45 DEGREE LEG PRESS**  
 Size : (L)2300×(W)1380×  
 (H)1550mm  
 Weight Stack : 195Kg

**V-013**  
**ABDUCTOR**  
 Size : (L)1780x(W)1250x(H)1170mm  
 Weight Stack : 125Kg



**V-011**  
**WEIGHT PLATE RACK**  
 Size : (L)700x(W)730x(H)1050mm  
 Weight Stack : 32Kg



**V-014**  
**ISO-LATERAL ROW**  
 Size : (L)1530x(W)1560x  
 (H)1350mm  
 Weight Stack : 118Kg



**V-012**  
**SUPER SQUAT**  
 Size : (L)2450x(W)1500x  
 (H)1850mm  
 Weight Stack : 206Kg

**V-015 ABDOMINAL**  
**OBLIQUE CRUNCH**  
 Size : (L)1700x(W)1200x(H)1580mm  
 Weight Stack : 126Kg







**V-016 ISO-LATERAL  
FRONT LAT PULLDOWN**

Size : (L)1780x(W)1600x  
(H)2020mm  
Weight Stack : 142Kg

**V-019  
SEATED CALF**

Size : (L)1224x(W)933x(H)955mm  
Weight Stack : 53Kg



**V-017  
SHOULDER PRESS**

Size : (L)1854x(W)1358x(H)1886mm  
Weight Stack : 136Kg



**V-020  
PULLOVER**

Size : (L)1930x(W)1700x  
(H)1500mm  
Weight Stack : 154.4Kg



**V-018  
ISO FLAT PRESS**

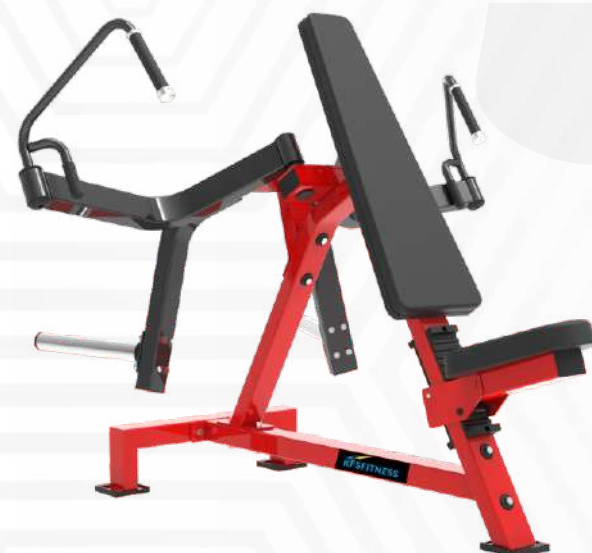
Size : (L)1481x(W)1244x  
(H)1461mm  
Weight Stack : 92.8Kg

**V-021  
UTILITY BENCH**

Size : (L)1266x(W)628x(H)956mm  
Weight Stack : 23Kg







**V-022**

**INCLINE PECFLY**

Size : (L)1615x(W)1464x

(H)1318mm

Weight Stack : 64Kg

**V-025 ISO-LATERAL**

**LEG EXTENSION**

Size : (L)1518x(W)1462x(H)1488mm

Weight Stack : 119.5Kg



**V-023**

**SEATED LEG EXTENSION**

Size : (L)1845x(W)1300x(H)1057mm

Weight Stack : 99.8Kg



**V-026**

**SEATED TRICEP PRESS**

Size : (L)1700x(W)1650x

(H)1047mm

Weight Stack : 118.4Kg



**V-024**

**VERTICAL LEG PRESS**

Size : (L)1575x(W)1850x

(H)2010mm

Weight Stack : 205.8Kg





**V-027**

**LAT PULLDOWN**

Size : (L)1800x(W)1300x(H)2000mm

Weight Stack : 140.2Kg

**V-029 ISO-LATERAL**

**BACK EXTENSION**

Size : (L)2100x(W)2050x(H)1170mm

Weight Stack : 163.5Kg



**V-028 CHEST-PRESS**

**& LAT PULLDOWN**

Size : (L)2050x(W)1780x

(H)2010mm

Weight Stack : 172.4Kg

**V-030**

**SQUAT MACHINE**

Size : (L)2150x(W)1520x

(H)1520mm

Weight Stack : 216Kg





# PLATE LOADED



## ***Incline-Chest-Press***

Dimensions: 60" L x 76" W x 70" H  
Product Weight: 384 lbs  
Load Capacity: 300 lbs  
Frame Color: Graphite and Black  
Upholstery: Black

## ***LEG-PRESS***

Dimensions (LWH): 99" x 69" x 61"  
Product Weight: 507lbs (230kk)  
Load Capacity: 450lbs



## ***Low-Row-Machine***

Dimensions 1180x1388x1247mm  
Machine Weight 137kg

## ***PULL-DOWN***

Length: 1850mm / 74in  
Width: 1300mm / 52in  
Height: 2160mm / 86.4in  
Product Weight: 152kg / 335lb  
Maximum Load: 240kg / 528lb



## ***SHOULDER-PRESS***

Size:1290x1280x1460mm  
Excellent surface painting finish  
Good welding  
Top quality steel tube Q235  
Steel tube 60x120x3mm

## ***BICEPS-CURL***

Biceps Curl Machine Plate Loaded is the perfect way to isolate the biceps for the safest workout with feeling of free weights. The Biceps Curl Machine Plate Loaded a heavy-duty piece of kit for a heavy-duty gym. Powder coat finish. Suitable for 50 mm discs. Heavy-duty steel Frame.

## ***Hack-Squat-Machine***

Plate loaded fitness equipment/gym equipment  
Professional design from Pure Strength  
High quality steel tube Q235 with 60 x 120 x 3mm  
Pretty TIG welding  
Excellent electrostatic powder coating with good adhesive force6)  
Make body cooperate with machine very well.





# FREE WEIGHTS



**H-005**  
CABLE CROSS-OVER  
Size:(L)3885x(W)870x  
(H)2325mm  
N.W.:336kgs

**H-020**  
SMITH MACHINE  
Size:(L)2460x(W)1750x(H)2390mm  
N.W.:239kgs



**H-005A**  
FUNCTIONAL TRAINER  
Size:(L)1690x(W)1150x(H)2350mm  
N.W.:380kgs



**H-021**  
SQUAT RACK  
Size:(L)1775x(W)1285x  
(H)2160mm  
N.W.:155kgs



**H-005B ADJUSTABLE**  
FUNCTIONAL TRAINER  
Size:(L)880x(W)800x(H)2340mm  
N.W.:148kgs

**H-022**  
LEG PRESS 45 DEGREE  
Size:(L)2375x(W)1615x(H)1470mm  
N.W.:272kgs







**H-022A HACK**

**SQUAT MACHINE**

Size:(L)2540x(W)1005x(H)1635mm  
N.W.:199kgs

**H-024**

**DECLINE BENCH**

Size:(L)2100x(W)1650x(H)1190mm  
N.W.:84kgs



**H-023**

**WEIGHT BENCH**

Size:(L)1680x(W)1630x(H)1190mm  
N.W.:80kgs



**H-025**

**INCLINE BENCH**

Size:(L)1885x(W)1640x(H)1395mm  
N.W.:101kgs



**H-023A**

**WEIGHT BENCH**

Size:(L)1400x(W)1220x(H)1175mm  
N.W.:62kgs

**H-025A**

**INCLINE BENCH**

Size:(L)1895x(W)1235x(H)1510mm  
N.W.:89kgs







**H-025B**

**VERTICAL BENCH**

Size:(L)1645x(W)1440x

(H)1885mm

N.W.:102kgs

**H-027**

**VERTICAL KNEE RAISE**

Size:(L)1480x(W)1155x(H)2300mm

N.W.:74kgs



**H-026**

**ROMAN CHAIR**

Size:(L)1350x(W)720x(H)960mm

N.W.:47kgs



**H-028**

**WEB BOARD**

Size:(L)1860x(W)725x

(H)1090mm

N.W.:51kgs



**H-026A**

**ROMAN CHAIR**

Size:(L)1360x(W)690x(H)885mm

N.W.:42kgs

**H-029**

**SEATED CALF MACHINE**

Size:(L)1380x(W)600x(H)920mm

N.W.:53kgs







### ***H-030***

#### **DUMBBELL RACK**

Size:(L)2345x(W)835x  
(H)860mm  
N.W.:76kgs

### ***H-033***

#### **DRAW MUSCLE MACHINE**

Size:(L)1540x(W)490x(H)950mm  
N.W.:30kgs



### ***H-031***

#### **T-ARM MACHINE**

Size:(L)1950x(W)855x(H)645mm  
N.W.:70kgs



### ***H-034 ADJUSTABLE***

#### **WEB BOARD**

Size:(L)1900x(W)720x  
(H)860mm  
N.W.:56kgs



### ***H-032***

#### **ABDOMINAL MACHINE**

Size:(L)2040x(W)980x(H)1045mm  
N.W.:53kgs

### ***H-034A ADJUSTABLE***

#### **WEB BOARD**

Size:(L)1520x(W)665x(H)1080mm  
N.W.:45kgs







### ***H-035***

#### **CRUNCH BENCH**

Size:(L)2010x(W)725x  
(H)1035mm  
N.W.:55kgs

### ***H-037 MULTI***

#### **ADJUSTABLE BENCH**

Size:(L)1425x(W)620x(H)1100mm  
N.W.:43kgs



### ***H-036***

#### **FLAT BENCH**

Size:(L)1675x(W)700x(H)450mm  
N.W.:27kgs



### ***H-037A***

#### **ADJUSTABLE BENCH**

Size:(L)1260x(W)550x  
(H)875mm  
N.W.:36kgs



### ***H-036A***

#### **FLAT BENCH**

Size:(L)1280x(W)575x(H)580mm  
N.W.:23kgs

### ***H-038***

#### **UTILITY BENCH**

Size:(L)1170x(W)540x(H)875mm  
N.W.:29kgs







### **H-039**

#### **BARBELL RACK**

Size:(L)1135x(W)810x  
(H)1440mm  
N.W.:40kgs

### **H-040A**

#### **SCOTT BENCH**

Size:(L)1070x(W)815x(H)930mm  
N.W.:45kgs



### **H-039A**

#### **BARBELL RACK**

Size:(L)845x(W)650x(H)1305mm  
N.W.:41kgs



### **H-041 WEIGHT** **PLATE TREE**

Size:(L)970x(W)845x  
(H)1055mm  
N.W.:35kgs



### **H-042**

#### **ABDOMINAL BENCH**

Size:(L)1700x(W)930x(H)990mm  
N.W.:60kgs



### **H-040**

#### **SCOTT BENCH**

Size:(L)1005x(W)690x(H)965mm  
N.W.:43kgs

### **MV-022A LEG-PRESS** **WITH HACK-SQUAT**



xcellent functionality with multiple tested moving parts (wheels, running track, springs, hinged surfaces). safety lock positions. 450 kg capacity.Use of discs Φ50  
Machine dimensions M/P/Y: 251/150/168 cm.  
Machine weight: 194 kg.



# CROSSFIT

## 6-GATE-CROSSFIT

### 3 MM OVAL TUBE

LENGTH: 14.5 ft, WIDTH : 8.26 ft, HEIGHT : 8.45 ft

Accessories : Battle Rope: 1 pc

Trampoline: 1 pc

Boxing bag: 1 pc

Olympic bar: 1 pc

Kettle Bell: 4 kg / 6 kg / 8 kg / 10 kg / 12 kg (1pc each)

Medicine Ball: 2 kg / 3 kg / 4 kg (Total - 1pc each)



## 360M-CROSSFIT

### Stations & Features

Rock Grip Chin-Up Handles - 2 stations

Rebounder

Punching Bag Stand

Step-Up Platform

Dip Handle

Monkey Bars

Variable Cable Column-2 sets (Weight Stacks 100kg x 2 sets)

U-Link Adjustment Column - 4 sets

Accessory Storage Shelves - 9 units

### Dimensions & Weight:

Footprint: 4808mm (W) x 4385mm (L)

Height: 2540mm

Weight: 1520kg (estimation)

Recommended Live Area: 8200mm x 8200mm



## 360S-CROSSFIT

### Stations & Features

Rock Grip Chin-Up Handles - 1 station

Rebounder

Punching Bag Stand

Step-Up Platform

Power Pivot (Landmine)

Variable Cable Column - 1 set (Weight Stack 100kg)

U-Link Adjustment Column - 1 set

Accessory Storage Shelves - 8 units

### Dimensions & Weight:

Footprint: 4800mm (W) x 3450mm (L)

Height: 2440mm

Weight: 820kg (estimation)

Recommended Live Area: 5500mm x 6500mm



## 360X-CROSSFIT

### Stations & Features

Rock Grip Chin-Up Handles - 2 stations

Rebounder

Punching Bag Stand

Step-Up Platform

Dip Handle

Power Pivot (Landmine)

Variable Cable Column - 1 set (Weight Stack 80kg)

U-Link Adjustment Column - 2 sets

Accessory Storage Shelves - 4 units

General Storage Shelf - 1 unit

### Dimensions & Weight:

Footprint: 3553mm (W) x 3143mm (L)

Height: 2440mm

Weight: 552kg (estimation)

Recommended Live Area: 6000mm x 6000mm





# GYM ACCESSORIES



Adjustable Hand Grip



Aerobic Stepper



Agility Hurdles



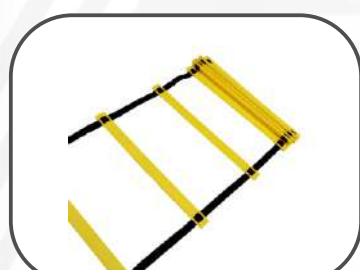
Hanging Punching Bag



Hexa Dumbbell



Leather Power Belt  
(S, M, L, XL)



Agility Ladder



Battling Rope  
(9m - 30ft) (15m - 50ft)



Bosu Ball



Medicine Ball Reactor



Multi Color Plates



Olympic Gym Rods



Bouncer Dumbbell



Distance marking Set



Fix Babrbell



Peanut Ball



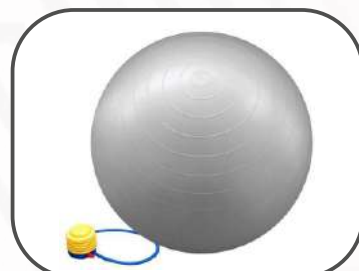
Power Wheel



Pu Coated Plates



Folding Gym Mat



Gym Ball



Hammer



Push Up Stand



Resistance Band



Rubber Medicine Ball



Single Twister



Skipping Rope & Digital Counter



Slam Ball



Triangle Dumbbell



Vinyl Kettle Bell



Wrist Curl Machine



# OUR INSTALLATIONS





# OUR INSTALLATIONS





# KFS EVENTS



**IHFF** 2018 MUMBAI PREMIUM SPONSOR  
**IHFF** 2019 DELHI PREMIUM SPONSOR



**SHERU CLASSIC** 2018 MUMBAI PREMIUM SPONSOR  
**SHERU CLASSIC** 2019 DELHI PREMIUM SPONSOR



**FEA AWARDS** 2018 - 2019 TAJ DELHI



**KFS ASIA EDUFIT** 2019 DELHI MAIN SPONSOR



**FITEX EXPO DELHI** 2018 - 2019 PREMIUM SPONSOR





# KFS EVENTS

## INSPIRE INDIA SUMMIT 2021



## ASIA EDUFIT 2022

Asia Edu-Fit Summit



## IHFF SHERU CLASSIC DELHI 2022

PREMIUM SPONSOR



## IHFF SHERU CLASSIC MUMBAI 2022

PREMIUM SPONSOR



## IHFF SHERU CLASSIC DELHI 2023

PREMIUM SPONSOR





## NOTES :