

NEHA

PLAY WAYS EQUIPMENTS PVT. LTD.

An ISO 9001: 2008 Certified Co.

TM: 1177039





Fascinating.....

Fabulous.....

Fantastic..

Fun filled.....

World of Fiber

SI- 3900 Shoulder exercise spinner



Dimensions 1300*1050*1450mm

Color Customizable

Weight 34Kg

Main Tube Normal Steel

114mm & 3.70mm

Fasteners Bolts, Nuts: Stainless steel 304

Function Strengthen the strength of arm muscles; improve

the flexibility of shoulder muscles.

Use Clenching the hand lever of the wheel and rotating

the wheel in either the same direction or the opposite direction with two hands, keeping the

body moving accordingly.

SI-600 Pendulum Apparatus



Dimensions 1030*940*1350mm

Color Customizable

Weight 38.5Kg

Main Tube Normal Steel

114mm & 3.70mm

Fasteners Bolts, Nuts: Stainless steel 304

Function Enhance the strength of the abdomen and waist,

and exercise the flexibility ability of the waist.

Use Standing on the pedals, clenching the armrest with

two hands firmly, moving the legs as a pendulum

do.

SI- 800 Elliptical Machine

Dimensions 1100*500*1450mm

Color Customizable

Weight 38KG

Main Tube Normal Steel

114mm & 3.70mm

Fasteners Bolts, Nuts: Stainless steel 304

Function Srengthen the heart and lung

respiratory function by the

continuous swing of arms and legs.

Use Standing on the pedals, Holding the

armrest, moving the feet as walking on the ground with hands move

accordingly.



SI-900 Air Walker

Dimensions 1100*460*1480mm

Color Customizable

Weight 40KG

Main Tube Normal Steel

114mm & 3.70mm

Fasteners Bolts, Nuts: Stainless steel 304

Function Improve body coordination,

balance and aerobic capacity

Use Clenching the horizontal bar with

two hands, pedaling on the pedals, and leaning the upper body forward, with a slightly bend of the legs then moving the legs as walking. Fast moving is not suitable.



SI- 1101 Wab/Sit Up Board



Dimensions 2600*1120*630mm

Color Customizable

Weight 70Kg

Main Tube Normal Steel

114mm & 3.70mm

Fasteners Bolts, Nuts: Stainless steel 304

Function Strengthen the strength and the flexibility of the

abdominal muscles and back muscles.

Use Lying in the board, hooking the bar by your feet,

hand cross Behind your head, take a deep breath

and then do sit up exercise.

SI- 1504 Stair Climbers



Dimensions 1200*850*1500mm

Color Customizable

Weight 50Kg

Main Tube Normal Steel

114mm & 3.70mm

Fasteners Bolts, Nuts: Stainless steel 304

Function Exercise the arm muscles and leg muscles;

strengthen the flexibility and coordination of

body.

Use Standing on the equipment, clenching the armrest

firmly, and moving the legs up and down, then

keeping the arms moving accordingly..

SI- 1700 Parallel Bars

Dimensions 1800*550*1600mm

Color Customizable

Weight 50KG

Main Tube Normal Steel

114mm & 3.70mm

Fasteners Bolts, Nuts: Stainless steel 304

Function Strengthen the strength of arms,

shoulders and chest, Improve the

function of the heart.

Use Clenching the bars with two hands

and bending the elbow, then moving the body up and down. Horizontally pulling is forbidden.



SI- 2301 Sit pedal Trainer

Dimensions 1730*450*1450mm

Color Customizable

Weight 42.5KG

Main Tube Galvanized Steel / Normal Steel

114mm & 3.70mm

Fasteners Bolts, Nuts: Stainless steel 304

Function Exercise ham muscle, increase the

waist strength.

Use Sitting on the equipment and trying

best to pedal the pedals outward, then keeping exercising repeatedly. Only two persons admit each time.



SI- 2901 Seated Pull Down

Dimensions 1600*750*2200mm

Color Customizable

Weight 68KG

Main Tube Normal Steel

114mm & 3.70mm

Fasteners Bolts, Nuts: Stainless steel 304

Function Strengthen the strength of muscles

on the arms, chest, and back. Enhance the cardiopulmonary

function.

Use Facing the equipment and sitting

down. Clenching the handles firmly with two hands, trying best to let it down, then let it return slowly, and keeping exercising repeatedly.



SI- 3500 Body Rider



Dimensions 970*550*1100mm

Color Customizable

Weight 26Kg

Main Tube Normal Steel

114mm & 3.70mm

Fasteners Bolts, Nuts: Stainless steel 304

Function Exercise the arm muscles and leg muscles;

improve the function of heart and lung and the

coordination of body.

Use Sitting on the seat, clenching the horizontal bar

firmly, Pedal the pedals, and trying best to pull the

bar horizontally. Keep exercising repeatedly