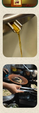
FREE SHIPPING ABOVE ₹999 • CASH ON DELIVERY AVAILABLE • PRESSED WEEKLY · SHIPPED FRESH

Amrutdhara

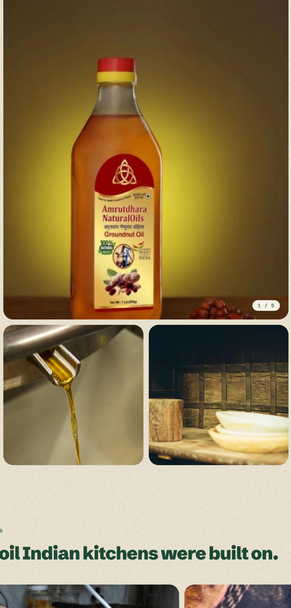
Shop oils Pantry Our process About

HOME / COOKING OILS / GROUNDNUT OIL













— WOOD-PRESSED · SINGLE SEED

Groundnut Oil

★★★★★ 4.8 312 reviews

Nutty and golden. Tastes like groundnuts, not a factory.

₹460 ₹46 / 100ML · INCL. ALL TAXES

Size: 1 litre — Which size do I need?

MOST PICKED		
1 L ₹460	500 ml ₹240	5 L Ask on WhatsApp

− 1 +

Add to cart · ₹460

Buy it now

Ships in 24 hrs · delivered in 3-5 days across India

Cash on delivery · free shipping above ₹999

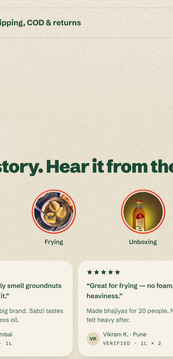
No heat	Lab-tested	Zero waste
Slow wooden ghani	Every batch	Oil cake reused

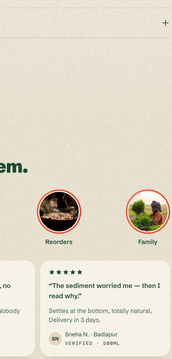
Not sure it's right for you? Ask us on WhatsApp — a real person replies.

— MADE FOR

The oil Indian kitchens were built on.







— THE DETAILS

Everything on the label. Nothing hidden.

SEED	METHOD
Groundnut, single seed	Wooden ghani, slow
INGREDIENTS	BEST BEFORE
100% groundnut oil	9 months from pressing
PACK	BATCH
1 L PET bottle	Printed on every bottle

How it's pressed ×

Whole groundnuts are cleaned, sun-dried and pressed in a wooden ghani turning at low speed. The oil rests for days so particles settle naturally — no chemical filtering, no bleaching, no deodorising.

Best for +

Why it's better for you +

Storage & shelf life +

Shipping, COD & returns +

312 VERIFIED REVIEWS

4.8 ★★★★★

5★ 84%
4★ 11%
3★ 3%
2★ 1%
1★ 1%

Write a review

Tap a story. Hear it from them.

Tadka

Frying

Unboxing

Reorders

Family

★★★★★
"You can actually smell groundnuts when you open it."
Switched from a big brand. Sabzi tastes richer and I use less oil.
Aarti J. · Mumbai
VERIFIED · 1L

★★★★★
"Great for frying — no foam, no heaviness."
Made bhajiyas for 20 people. Nobody felt heavy after.
Vikram K. · Pune
VERIFIED · 1L × 2

★★★★★
"The sediment worried me — then I read why."
Settles at the bottom, totally natural. Delivery in 3 days.
Sneha N. · Badlapur
VERIFIED · 500ML

— #PRESSEDSLOW

See it in real kitchens.

— COMPLETE THE KITCHEN

Pairs well with.

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★ 4.7 · 268
Mustard Oil
₹460 Add

★ 4.8 · 96
White Sesame Oil
₹449 Add

★ 4.9 · 204
Coconut Oil
₹850 Add

★ 4.6 · 88
Sunflower Oil
₹500 Add

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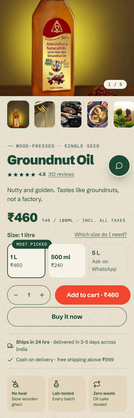
Wood-pressed, single-seed oils from small batches. Nothing added. Nothing wasted.

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Cooking oils	Our process	Shipping & delivery	WhatsApp us
Body & hair oils	Zero waste	Returns & refunds	hello@amrutdhara.example
Pantry	Which oil for what?	Track my order	Every day, 9am–9pm
Oil cake	Journal	FAQs	
All products			

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WOOD-PRESSED · SINGLE SEED

Groundnut Oil

★★★★★ 4.8 · 312 reviews

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₹460

₹46 / 100ML · INCL. ALL TAXES

Size: 1 litre — Which size do I need?

MOST PICKED	
1 L ₹460	500 ml ₹240
5 L Ask on WhatsApp	

− 1 + Add to cart · ₹460

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Wood-pressed Slow wooden ghani

Lab-tested Every batch

Zero waste Oil cake reused

Not sure it's right for you? **Ask us on WhatsApp** — a real person replies.

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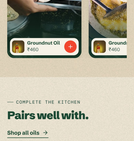
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2 ★ 1%
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VERIFIED · 1L × 2

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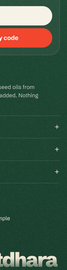
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SN Sneha N. · Badlapur
VERIFIED · 500ML

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Shop all oils →



★ 47 · 268

Mustard Oil

₹460 Add



★ 4.8 · 98

White Se

₹449

10% off your first bottle.

Your email

Get my code

Amrutdhara

Wood-pressed, single-seed oils from small batches. Nothing added. Nothing wasted.

SHOP +

LEARN +

HELP +

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Every day, 8am–9pm

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