



Yoga Charts

Size : 20"X26"

Laminated & Fitted with plastic strips
Laminated & Mounted on Board

All Charts Also Available Size: 30"x40"

Laminated & Fitted with Plastic Rollers

1. Heart & Circulation (Cold Extremities-I & II)
2. Heart & Circulation (Varicose Veins- I & II)
3. Heart & Circulation (High Blood Pressure-I & II)
4. Heart & Circulation (Low blood pressure -I & II)
5. Heart & Circulation (Blocked Arteries -I & II)
6. Heart & Circulation (Angina -I & II)
7. Heart & Circulation (Heart attack-I & II)
8. Respiratory System (Colds -I & II)
9. Respiratory System (Breathlessness -I & II)
10. Respiratory System (Sinusitis -I & II)
11. Respiratory System (Bronchitis -I & II)
12. Respiratory System (Asthma -I & II)
13. Digestive System (Indigestion -I, II & III)
14. Digestive System (Acidity -I, II & III)
15. Digestive System (Constipation -I & II)
16. Digestive System (Diarrhoea)
17. Digestive System (Irritable bowel syndrome)
18. Digestive System (Duodenal ulcers -I & II)
19. Digestive System (Gastric Ulcers -I, II, III & IV)
20. Digestive System (Ulcerative colitis -I, II & III)
21. Urinary System (Incontinence -I & II)
22. Hormonal System (Obesity -I, II, III & IV)
23. Hormonal System (Diabetes-I, II & III)



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