



Eat Healthy Stay Healthy

**READY TO EAT & READY TO COOK
MILLET & CEREAL BASED FOOD PRODUCTS**



www.avasya.org

Breakfast Cereals

**Muesli
VANILLA**

Net Wt.
250 gms

₹165/-



**Muesli
CHOCOLATE**

Net Wt.
250 gms

₹165/-



Rolled Flakes

- Jowar
- Ragi
- Bajra
- Barnyard
- Browntop
- Little Millet
- Kodo
- Wheat
- Barley
- Brown Rice
- Red Rice
- Fenugreek

*Wholesome Breakfast Cereals
Great Source of Fiber and Energy*

Breakfast mix

RAGI IDLI

Net Wt.
250 gms

₹99/-



**MILLET
POHA**

Net Wt.
200 gms

₹99/-



**MILLET
PONGAL**

Net Wt.
250 gms

₹110/-



**MULTIGRAIN
DOSA**

Net Wt.
250 gms

₹99/-



**MILLET
UPMA**

Net Wt.
250 gms

₹99/-



**MILLET
KHICHDI**

Net Wt.
250 gms

₹110/-



*Quick Hassle free
Traditional Breakfast
with Millets*

Bevarage Mix

**HEALTH
MIX**

Net Wt.
250 gms

₹99/-



**RAGI
MALT**

Net Wt.
250 gms

₹99/-



**FRUIT
Porridge Mix**



**SOUP
TOMATO**

Net Wt.
100 gms

₹99/-



**SOUP
VEGETABLE**

Net Wt.
100 gms

₹99/-



**VEGETABLE
Porridge Mix**



*Curb your Hunger cut
your excess Carbs & Fats*

Snacks

ENERGY BYTES

Energy Bytes
PUDINA

Net Wt.
100 gms

₹40/-



Energy Bytes
CHEESE CHILLI

Net Wt.
100 gms

₹40/-



Energy Bytes
TOMATO CHILLI

Net Wt.
100 gms

₹40/-



Energy Bytes
TANGY TOMATO

Net Wt.
100 gms

₹40/-



Energy Bytes
MASALA

Net Wt.
100 gms

₹40/-



TRADITIONAL SNACKS



*Guilt free Snacking
Boost your Nutrition Intake*

Spice Powders

NALLA KARAM

Net Wt.
100 gms

₹55/-



CORIANDER SPICE POWDER

Net Wt.
100 gms

₹55/-



ROASTED CHANA POWDER

Net Wt.
100 gms

₹55/-



CURRY LEAVES SPICE POWDER

Net Wt.
100 gms

₹55/-



CURRY POWDER

Net Wt.
100 gms

₹55/-



SAMBAR POWDER

Net Wt.
100 gms

₹60/-



RASAM POWDER

Net Wt.
100 gms

₹60/-



*Not just for Taste Colour
Boost your Immunity*

Flours And Grits



- Jowar
- Ragi
- Bajra
- Barnyard
- Browntop
- Little Millet
- Kodo
- Foxtail
- Multigrain

*Make your Preparations Healthy with
Whole Flours & Whole Grits*

ABOUT US

A conscious journey to unravel the nutritional potential of Indian and predominantly local crops to make our communities more Healthier, our farming communities Wealthier and our planet Happier. Our journey started in the year 2018 to manufacture Ready to Eat and Ready to cook products which are Quick & Hassle free, Wholesome & Balanced, Nutritional & Healthy to reaffirm the statement " *Food as Therapy*"



SRI HARITHA AGRO FOOD PRODUCTS PVT. LTD.

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