

Plant Protein Powder Formula – 500 gm

Serving Size: 30 gm | Total Servings: ~16–17

Ingredient Composition (500 gm Batch)

Ingredient	Quantity (gm)
Pea Protein Isolate (80%)	250
Brown Rice Protein (80%)	120
Soya Protein Isolate	80
Oat Fiber / Oat Powder	20
Cocoa Powder / Flavor	10
Xanthan / Guar Gum	5
Stevia / Sucralose	3
Digestive Enzyme Blend	2
Mineral & Vitamin Premix	10
Total	500

Nutritional Value (Approx. per 30 gm Serving)

Nutrient	Quantity
Energy	115–120 kcal
Protein	22–24 gm
Carbohydrate	3–4 gm
Total Sugar	0 gm
Fat	1.5–2 gm
Dietary Fiber	2–3 gm
Sodium	<120 mg